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Schweizer Unterwasser-Sport-Verband SUSV
Fédération Suisse de Sports Subaquatiques FSSS
Federazione Svizzera di Sport Subacquei FSSS
Federaziun Svizra da Sport Subaquatic FSSS

INVITATION OFFICIELLE

Monsieur Le Président,
Madame La Présidente,
Cher(e) Ami(e) sportif(ve),

La Fédération Suisse de Sports Subaquatiques et la société International Sport + Events, en collaboration avec le club de Flippers Team Locarno, ont le plaisir de vous inviter à la **6^{ème} manche de la Coupe du Monde 2009 CMAS de Nage Avec Palme** qui se déroulera à **TENERO (LOCARNO – SUISSE)** du 30 Avril au 3 May 2009.

Vous trouvez ci-joint toutes les informations concernant cette compétition, nécessaires à votre inscription.

Nous serons très honorés de vous accueillir prochainement en SUISSE.

Dans cette attente, je vous prie d'agréer, Monsieur Le Président, Madame La Présidente, Cher(e) Ami(e) sportif(ve), mes salutations distinguées.

FSSS / SUSV – Commission Sportive

Dimitri Kalas, Résp. Nage avec palme





FINSWIMMING "Round 6" CMAS WORLD CUP



April 30th / May 3rd 2009 - TENERO - LOCARNO - Switzerland

PROGRAM

Thursday 30th April 2009

| | |
|-------------|--|
| 14:00 | Arriving of teams, checking of documents, payment of participant fee |
| 15:15-17:30 | Training possibility |
| 17:00-18:30 | Check of equipments & sport documents |
| 19:30 | Opening Ceremony |

Friday 1st May 2008

| | |
|-------------|--|
| 08:30-09:20 | Warm up |
| 09:30 | 50 AP Girls/Boys 50 AP Women/Men 800 FS Girls/Boys 800 FS Women/Men Prize Giving |
| 15:00-15:50 | Warm up |
| 16:00 | 50 BF Girls/Boys 50 BF Women/Men 200 FS Girls/Boys 200 FS Women/Men 100 IM Girls/Boys 100 IM Women/Men Prize Giving |

Saturday 2nd May 2009

| | |
|-------------|--|
| 08:30-09:20 | Warm up |
| 09:30 | 100 BF Girls/Boys 100 BF Women/Men 100 FS Girls/Boys 100 FS Women/Men 400 FS Girls/Boys 400 FS Women/Men Prize Giving |
| 15:00-15:50 | Warm up |
| 16:00 | 50 FS Girls/Boys 50 FS Women/Men 200 BF Girls/Boys 200 BF Women/Men Relay 4X100 Girls/Boys Relay 4X100 Women/Men Prize Giving |
| 20:00 | Gala dinner and Party |

Sunday 3rd May 2009

| | |
|-----------------------------------|--|
| Social program:- Excursions | |
| - Cultural tour | |
| - Scuba diving / Sport activities | |



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April 30th/May 3rd 2009 - TENERO - LOCARNO - Switzerland

PARTICULAR REGULATION

1 - DENOMINATION

"International Sport + Events", assisted by the club Flippers Team Locarno with the agreement of SUSV/FSSS and C.M.A.S., will organize the "CMAS WORLD CUP 2009" **Round 6**. An International Finswimming Competition will be held in Tenero (Locarno) - Switzerland the April 30th and May 1st 2009.

2 - PARTICIPATION RULES AND RACES

This competition, in accordance with the Finswimming International Regulation, World Cup Rules and this Particular Regulation, includes the following races and categories:

- **Senior (Cat. A)** (18 years old and over):
M/F: 50ap, 50sf, 100sf, 200sf, 400sf, 800sf, 50bf, 100bf, 200bf, 100im, 4x100 relay.
- **Junior (Cat. B + C + D)** (12/17 years old):
M/F: 50ap, 50sf, 100sf, 200sf, 400sf, 800sf, 50bf, 100bf, 200bf, 100im, 4x100 relay.
- *Swimming style: ap = apnea; sf = surface; im = immersion; bf = bifins*

CMAS World Cup Rules: Each competitor can take part in a maximum of three (3) individual races and one (1) relay. Each team can enrol a maximum of two swimmers for each individual race. Each club must be associated by a National Federation recognized by C.M.A.S. and each competitor must have the **National Federation Licence and CMAS International Sport Licence**.

3 - COMPETITION PLACE

The Competition will be held in: "Centro Sportivo Nazionale della Gioventù", via Brere, 6598 Tenero (Switzerland). Number 8 lanes, 50 meters long Olympic swimming pool features a constant depth of 1.80 m. Temperature is 27° +/- 1° C.

4 - FINAL ENROLMENTS

The final enrolments must be completed on the attached entry form and must be received before Saturday April 18th 2009 at the following email address cmasworldcup@finswimming.ch.

The inscription fee: Euro 25.00 for club, Euro 6.00 each distance and Euro 14.00 each relay. Fee paid for not performed races will not be reimbursed. Late enrolments maybe accepted with a fine of Euro 100.00. Also relays must be declared with time on the enrolments forms (even without competitor's names).

Payment must be made by direct bank transfer:

BANK: Migros Bank, Bellinzona (Switzerland)
TO: Robustelli Della Cuna Mauro
EU IBAN: CH85 0840 1016 2109 8410 7
BIC: MIGRCHZZ80A

NB: Enrolments will only be accepted when accompanied by bank transfer receipt.

Phone: SUSV/FSSS Swiss Federation (race information) +41 (0)78 746 65 82
International Sport + Events (accommodation) +41 (0)78 711 90 04



FINSWIMMING "Round 6" CMAS WORLD CUP



April 30th/May 3rd 2009 - TENERO - LOCARNO - Switzerland

5 - PRELIMINARY PROCEDURES

All sport documents of the swimmers will be checked on Thursday April 30th 2009 from 17h00 to 18h30 at the swimming-pool of the "Centro Sportivo Nazionale della Gioventù" in Via Brere, Tenero.

6 - EQUIPMENT AND BOTTLE REFILLS

The control of the bottles will be on Thursday April 30th 2009 from 17h00 to 18h30 at the swimming-pool of the "Centro Sportivo Nazionale della Gioventù" in Via Brere, Tenero. All the bottles, including those used for warm up, **will be delivered empty** to the check point. The organization will refill all bottles and deliver them to the team leaders on Friday May 1st 2009 from 08h00 at the swimming-pool.

7 - FORFAIT OF COMPETITORS

The team leader will inform the judges of absenteeism before 08h30 of Friday May 1st 2009. For every swimmer absent in a heat without communication, the club will be liable for a fine of € 50.00.

8 - REGISTERED TIME

Timekeepers with Electronic System.

9 - PRIZES

Medals will be given to the first, second and third competitor in each individual race and relay. **At the prize-giving each swimmer must wear his team uniform.**

10 - CMAS WORLD CUP ROUND 6

Prizes for the CMAS WORLD CUP to the first three clubs in the General Classification. Four separate Club Classification will be made for men, women, boys and girls.

11 - ANTIDOPING

WADA - World Antidoping Code

CMAS - Antidoping Rules

FSSS - Antidoping Rules

Athletes accept these rules as a condition of participation.

12 - RESPONSIBILITY

"International Sport + Events", Flippers Team Locarno, FSSS/SUSV, C.M.A.S, the Competition Director, the Competition Officers and the Chief Judge are not responsible for accidents or damage caused to people and things before, during or after the competition. The organizer shall ensure the presence of medical assistance.

13 - SPECIAL NOTES

The present program could be modified for organization cause. Swimmers must be available for the Start Judge with their complete equipment at least 10 minutes before the race start. The organizer reserves right to accept and insert an athlete or a relay at any time at their discretion, in or outside the official classification, on request of the participating club.

Any other rule concerning the competition could be found on the **C.M.A.S. Finswimming Rules.**



FINSWIMMING "Round 6" CMAS WORLD CUP



April 30th/May 3rd 2009 - TENERO - LOCARNO - Switzerland

ACCOMMODATION AND CATERING

1 - HOSTEL

CENTRO SPORTIVO NAZIONALE DELLA GIOVENTÙ HOSTEL (120 places)

Distance from the swimming-pool: 0 km

Address: Via Brere, 6598 Tenero (CH) - www.cstenero.ch

OR

YOUTH HOSTEL, BELLINZONA (120 places)

Distance from the swimming-pool: 14 km

Address: Via Nocca 4, 6500 Bellinzona (CH) - www.youthhostel.ch/bellinzona

Price: Full board, rooms with 4 beds € 75 / day / pax

2 - HOTELS 2**

Distance from the swimming-pool: 1-15 km

Price: Full board, rooms with 2 beds € 100 / day / pax

Full board, rooms with 3 beds € 95 / day / pax

3 - HOTELS 3***

Distance from the swimming-pool: 1-15 km

Price: Full board, rooms with 2 beds € 110 / day / pax

Full board, rooms with 3 beds € 105 / day / pax

All the meals will be served in the restaurant of the swimming-pool except the breakfast which will take place in your accommodation. The cost of the Saturday gala dinner and party is € 30 / pax.

TRANSPORTATION

1 - SHUTTLES HOTELS / SWIMMING-POOL

Shuttles will be organized to drive you from your hotels toward the swimming-pool every morning, and then in the evening, a bus will drive you back to your hotel.

2 - AIRPORT OR TRAIN STATION TRANSFERS

A personal welcome and transfer to your hotel, with mini-van or bus, can be organized on your arrival and for your departure.

The transfer from **Lugano (Switzerland) airport, Milano-Malpensa (Italy) airport** or **Tenero railway station** to your hotel, will leave at fixed times and will not depend on flight arrival.

For the trips back to the airport or railway station, shuttles will leave the accommodations at fixed times as well.

Cost: €25 per transfer per person



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BOOKING CONDITIONS & PAYMENT

1 - BOOKING CONDITIONS

The deadline to finalize the booking will be on **April 1st 2009**. After this deadline the rate of the rooms will be increased by 10%.

You will receive an order form to confirm your reservation.

The reservation will be confirmed officially only after the reception of a deposit corresponding to 50% of the total amount.

2 - PAYMENT

You will have to pay the balance maximum **two weeks before** your arrival (April 16th 2009).

3 - CANCELLATION

You have the possibility to modify the number of participants or the duration of the stay until April 1st 2009 without any penalties.

From April 2nd 2009 to April 15th 50% of the cancellation will be due.

From April 16th 2009 to the arrival date 100% of the cancellation will be due.

4 - BANK TRANSFER

Payment must be made by direct bank transfer:

BANK: Migros Bank, Bellinzona (Switzerland)
TO: Robustelli Della Cuna Mauro
EU IBAN: CH85 0840 1016 2109 8410 7
BIC: MIGRCHZZ80A

5 - CONTACT

FSSS/SUSV

(Race information)

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INTERNATIONAL SPORT+EVENTS

(Accommodation and Transfers)

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